

BELMONT PRIMARY SCHOOL Menu 5

	Monday	Tuesday	Wednesday	Thursday	Friday
w/c 31/12					Fish fingers, potatoes, beans Muffins/fresh fruit
w/c 07/01	Chicken Goujon Mash/jacket potato Coleslaw /Beans Vanilla Tubs/fresh Fruit	Pasta bolognaise Cream potato Pea & sweetcorn Seasonal salad Jam coconut sponge / custard Fresh fruit .	Oven baked fish fillets Beans / chips Rice pudding / Mandarin orange	Roast Turkey & gravy Creamed potato/ roast potato Broccoli/cauliflower Stuffing Crackers/cheese& a selection of fresh fruit *	Carrot, lentil soup & coriander Burger in a bun Salad/ coleslaw Shortbread biscuit/fresh fruit & milk shake
14/01	Oven baked pork sausages Mash or jacket potato Baked beans/seasonal salad Selection of yoghurts & fresh fruit	Savory mince Creamed potato Steamed broccoli Jelly pots / fresh fruit & yoghurts *	Baked Salmon Fishcakes peas / mash Vanilla sponge & custard	Roast beef & gravy Creamed potato/ roast potato Carrot a& broccoli Stuffing Artic Roll Fresh fruit *	Chicken curry/boiled rice& steamed sweetcorn Seasonal salad Naan bread Fruit muffin/fresh fruit& milkshake
21/01	Cod fish fingers Creamed potato Steamed peas/baked beans Vanilla sponge& custard	Chicken casserole Boiled rice Creamed potato Baton carrots Selection yoghurts & fresh fruit .	Cheese & tomato pizza Chips/jacket potato Seasonal salad Coleslaw Rice pudding with stewed apples	Roast Gammon/gravy Steamed shredded cabbage baton carrots Creamed & oven baked potatoes Frozen mousse & Fresh fruit .	Beef stew Creamed potato baton carrots Flake meal biscuits/fresh fruit & milkshake
28/01	Oven baked chicken nuggets Diced herb potatoes Sweetcorn/jacket potato Seasonal salad Coleslaw / yogurts /fresh fruit salad	Beef casserole Boiled rice Creamed potatoes Peas & carrots Chocolate sponge & custard *	Whiting fish fillet Baked beans & creamed potato Date Krispie & custard	Roast chicken breast Gravy creamed & roast potatoes steamed broccoli & carrots/stuffing Raspberry ripple tubs /fresh fruit *	Homemade vegetable soup Beef burger in a bap Seasonal salad Fruit muffin /fresh fruit /raspberry milkshake

school food

Try Something New today

www.schoolfoodni.com

*Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily*

*If you require any additional
Information on allergens or Special
diets please contact the school in the
first instance*

